



Youth Exchange

2024-1-PL01-KA151-YOU-000212259.

“Planet Youth: Shaping Tomorrow”

Dates: 04-10.06.2025

Travel days: 03.06 and 11.06

Venue: Gołanice, Poland

Age: 15-17 years old



Funded by
the European Union

HOSTING ORGANIZATION

FUNDACJA CAT

Our NGO started its journey on 30th December 2008. We're based in Leszno, Poland. The foundation responded to the necessity of making a difference in the local environment. We work with younger and older volunteers and for people of all ages.

Our aim is to stimulate the local community and promote the idea of volunteering. We're not afraid of new challenges and we believe that nothing is impossible.

We host up to 80 candidates a year. We are certified LEAD ORGANIZATION. We coordinate ESC & Erasmus+ projects. Since 2024, we are Accredited in KA1 Projects.



Wiki

Facilitator
&Coordinator



Check our social media:

[WEBSITE](#)
[INSTAGRAM](#)
[FACEBOOK](#)



WHAT IS IT ABOUT?

PLANET YOUTH: SHAPING TOMORROW

Are you passionate about protecting our planet and shaping a greener future? 🌍🌟

Do you want to make a real impact in your community, meet inspiring people, and take part in hands-on eco actions?

If yes — Planet Youth: Shaping Tomorrow is the perfect youth exchange for you!

Get ready to connect, create, and lead positive change for the environment, starting with small steps that can make a big difference.

“Planet Youth: Shaping Tomorrow” is all about young people coming together to make a **real difference for our planet!** 🌍❤️

During this exchange, **we'll dive into eco-friendly living**, share green ideas, and take action — starting with a forest clean-up to show that we care. We'll explore what's already happening in our communities, **get inspired by each other's initiatives**, and come up with new ways to spread the eco spirit even further.

It's not just about learning — **it's about doing, creating, and connecting**. Get ready for a week full of teamwork, creativity, nature, and building friendships that will help shape a greener, better tomorrow. **Let's be the change the world needs!**

GOŁANICE

ACCOMMODATION

**You'll be accomodated in Camp 5G in
Gołanice, small village, 10 km from Leszno.**

We offer:

- Triple/quadruple rooms.
- Each room has a private bathroom.
- In each room you will find hair dryer & towels
- Breakfast will be served from 09:00-09:45
- Lunch and dinner will be provided.



TRAVEL INFORMATION



Kilometers	Travel (EUR)	Green Travel (EUR)
10-99	28 EUR	56 EUR
100-499	211 EUR	285 EUR
500-1999	309 EUR	417 EUR
2000-2999	395 EUR	535 EUR

HOW TO GET TO LESZNO?

TRAVEL



You should arrive to Leszno on June 3rd and then order BOLT to 64-117 GOŁANICE, address: Wierzbowa 22. Your departure from Leszno should be on June 11th. Please keep this in mind when planning your trip that you have to pay for bolt. Both ways it shouldn't be more that 20 euro.

POZNAŃ

From Poznan Ławica Airport

The best way to get from Poznań Airport to Poznan Train Station (Dworzec Główny) without a car is to line 159 bus which takes 25 min

Then from train station you take a train to Leszno.

WROCLAW

From Wrocław Nicolaus Copernicus Airport

The best way to get from Wrocław Airport (WRO) to Wrocław (Station - Dworzec Główny) without a car is to line 206 bus which takes 37 min.

KRAKÓW

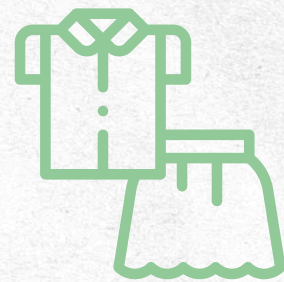
From Krakow John Paul II International Airport

The best way to go to the train station is direct train from the airport to the train station. Then to go to Leszno by train or a flibus.

AS SOON AS YOU FIND THE TICKETS (BEFORE BUYING), PLEASE CONTACT WITH WIKA.FUNDACJACAT@GMAIL.COM

DON'T FORGET

WHAT TO PACK



**COMFORTABLE
CLOTHES**



BAG



**COMFORTABLE
SHOES**



**CLOTHING AND SHOES
APPROPRIATE FOR KAYAK AND PAINTBALL**



**WARMER CLOTHES
FOR COLDER
EVENINGS,**



**COSMETICS,
HYGIENIC
PRODUCTS**



**SNACK AND SWEETS
TYPICAL OF YOUR COUNTRY
FOR THE CULTURAL EVENING.**

1	2	3	4	5	6	7
14° 3°	23° 11°	21° 13°	20° 13°	21° 14°	23° 14°	24° 14°
8	9	10	11	12	13	14
13° 3°	24° 13°	24° 11°	24° 11°	24° 13°	25° 12°	24° 11°

**Temperature in June still will be
a bit unpredictable, so you have to be
prepared for sun and rain !**



PROFILE OF A *CANDIDATE*

To ensure a high-quality training experience that meets expectations, we are looking for participants who fit the following profile:



Age: 15–17 years old, group leader 18+



Background: Motivated, involved in local communities' lives, energetic and passionate.



Motivation: Young people who: are willing to actively participate in workshops, discussions, outdoor activities (like forest clean-ups), and creative projects; Are excited about international exchange, cultural learning, and making new friendships across borders!



**If this
sounds
like you,
we'd love
to have
you on
board!**



HOW TO APPLY?

- 1 YOU HAVE TO BE CHOSEN BY YOUR ORGANIZATION.**
- 2 FILL AN APPLICATION FORM: <https://forms.gle/EbJjk7fE2HPJFPh1A>**
- 3 WAIT PATIENTLY FOR OUR REPLY.**

If you have any questions, do not hesitate and contact wiktoriafundacjacat@gmail.com.



ul. Dąbrowskiego 3B, Leszno



fundacja.cat



fundacja.cat@gmail.com